April 2019

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Week 1 | 1 | 2  @ KM Weight Room  1:50 to 2:50 | 3 | 4  @ Memorial Gym  ball W/kyla | 5 |
| Week 2 | 8  @ Harry Jerome spin  W/kyla | 9 | 10  @ KM Weight Room  1:50 to 2:50 | 11 | 12  @ Argyle |
| Week 1 | 15 | 16  @ KM Weight Room  1:50 to 2:50 | 17 | 18  @ Argyle | 19 |
| Week 2 | 22 | 23 | 24  @ KM Weight Room  1:50 to 2:50 | 25 | 26  @ Argyle |
| Week 1 | 29 | 30  @ KM Weight Room  1:50 to 2:50 |  |  |  |