

November 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1				1 @ LVRC W/kyla 1:50 to 2:50	2
Week 2	5 @ HJ Spin 1:50 to 2:50	6	7 @ Argyle Early Dismissal	8	9 @ Argyle
Week 1	12	13 @ KM Weight Room 1:50 to 2:50	14	15 @ LVRC 1:50 to 2:50	16
Week 2	19 @ KM Pool w/Christine AquaFit 1:50 to 2:50	20	21 @ KM Weight Room 1:50 to 2:50	22	23 @ Argyle
Week 1	26	27 @ KM Weight Room 1:50 to 2:50	28	29 @ LVRC 1:50 to 2:50	30